

# *Spirituality 101 with JaeRae*

## **WEEK 5**

### **Life Path Number**

The most important and influential number in your personal Numerology is your Life Path number. This number represents who you are at your core -- the person you are spending this lifetime learning to become. It is derived from the numbers of your birth date and influences you all life long.

In some ways the Life Path number in Numerology is like the Sun sign in Astrology: it is an indicator of what is important to you, how you act and react, and how you process life. But do not think of it as a simple list of traits that are meant to tell you exactly who you are. While each Life Path carries a unique set of both positive and negative traits, how they manifest is up to you. Life will present you with many chances to flex the muscles of your Life Path number, but you will be the one to choose whether to take the high road or the low road in each situation. The choice you make and the consequences it brings will help guide you in your next decision and so on. Each experience is a lesson in how to become your highest and most authentic self.

### **Personal Year**

Your personal year number changes every year. The number represents certain energy with a resonance that is likely to affect your life during the entire year.

There is a transition period from one number energy to the next, not a sudden switch.

It's good to know what next year's numerology personal year number will be. Even without additional preparation, simply being aware and anticipating the change is likely to help make it a smoother transition.

# NUMEROLOGY SIMPLIFIED:

## Life Path Numbers & Their Life Purpose

- Life Path 1 → *The Warrior*. Your life path needs you to take the lead.
- Life Path 2 → *The Harmonizer*. Your life path needs you to love & be loved.
- Life Path 3 → *The Performer*. Your life path needs you to be seen.
- Life Path 4 → *The Artisan*. Your life path needs you to find stability.
- Life Path 5 → *The Adventurer*. Your life path needs you to find freedom!
- Life Path 6 → *The Nurturer*. Your life path needs you to nurture!
- Life Path 7 → *The Seeker*. Your life path needs you to seek out knowledge.
- Life Path 8 → *The Influencer*. Your life path needs you to find ways to achieve & prosper.
- Life Path 9 → *The Sage*. Your life path is to heal the world through embodied wisdom.
- Life Path 11 → *The Illuminator*. Your life path is a search for enlightenment.
- Life Path 22 → *The Visionary Architect*. Your life path is of a master builder.

# PERSONAL YEAR NUMBERS

1

## NEW BEGINNINGS

Courage, Strength, Resilience, Assertiveness, Individuality, Uniqueness, Experimentation

2

## COOPERATION AND GERMINATION

Relationships, Cooperation, Empathy, Connecting People, Life Force Energy

3

## CREATIVE EXPRESSION

Creative Ideas, Optimism, Enthusiasm, Joy, Playfulness, Fruitfulness, Following Your Interests, Sharing Your Talents with Others, Inspiring Others

4

## HARD WORK AND CONSISTENT PROGRESS

Discipline, Practicality, Perseverance, Stability, Consistency, Commitment, Order, System, Completion, Material Results, Team Work

5

## FREEDOM

Expansion, New Opportunities, Growth, Risk Taking, Adaptability, Progressive Thinking, Versatility, Resourcefulness, Communication

6

## LOVE, FAMILY, AND HOME

Balance, Family Obligations, Nurturing Others, Comfort, Mastery of Skills

7

## INTROSPECTION

Turning Inward, Contemplation, Learning, Research, Rest and Rejuvenation, Spiritual Focus

8

## ATTAINMENT AND FINANCIAL SUCCESS

Power, Authority, Abundance, Achievement, Recognition, Success, Career, Business

9

## COMPLETION

Completion, Letting Go, Transformation

# WHAT THE CHINESE ZODIACS MEAN

## 1. Rat

People born in this year are **clever and charming**. They're curious, but are sometimes too **motivated by money**.



## 2. Ox

Those born under this sign are **persistent and straightforward**. They have strong faith and can be seen as **stubborn in their old ways**.



## 3. Tiger

Tiger people are thought to be **brave and independent**. They're respected for their deep thoughts and courageous actions, but sometimes **show off** when accomplishing something.



## 4. Rabbit

People born under this sign are popular because they're **sincere and avoid conflict**. Though they're sensitive, they also hesitate, which makes them **lose out on chances**.



## 5. Dragon

The dragon is a powerful sign. People born under this year are **energetic and excitable**. They hate hypocrisy and gossip and can sometimes be a bit **arrogant and impatient**.



## 6. Snake

Snakes are a symbol of **wisdom and wit**, often seen as humorous and gifted in literature and art. However, the snake can be overly suspicious, which makes them a bit **paranoid**.



## 7. Horse

People born under this sign are seen as **warm-hearted and easygoing**. Independence is one of their greatest strengths, but sometimes they're **overly frank with others**.



## 8. Goat

The goat enjoys being alone with their thoughts. They're **creative thinkers** and appreciate the arts. Though they're economic and cautious, they can also be **indecisive**.



## 9. Monkey

People born in the year of the monkey **love to make people laugh**. They're generally energetic and upbeat, but sometimes **lack self-control**.



## 10. Rooster

Rooster people are honest, observant and **hard-workers**. They seldom rely on other people in daily life which can make them **impatient** when dealing with others.



## 11. Dog

Those born under this sign are fiercely loyal and can **always keep a secret**. They're not afraid of the hardships in life, but they also tend to **worry too much** sometimes.



## 12. Pig

People with this sign are nice and **good-mannered**. They're always forgiving of other people's mistakes, which at times can translate to **naiveté and gullibility**.

